



Directions to Capital Heart – 4201 Lake Boone Trail, Suite 104, Raleigh, NC 27607

From I-440:

Take exit 5 for Lake Boone Trail. Take a Right at the bottom of the ramp going towards Rex Hospital. Travel approximately ½ mile on Lake Boone Trail. We are located on Left at 4201 Lake Boone Trail, directly across from the Rex Wellness Center and Fire Department.

From Blue Ridge Road:

From fairgrounds (northbound): Turn Right at Lake Boone Trail, just before passing Rex Hospital. Turn Right at 2nd Traffic Light. Directly across from Rex Wellness Center and Firehouse.

From Duraleigh Road (southbound): Turn Left at Lake Boone Trail after passing Rex Hospital. Turn Right at 2nd traffic light. Directly across from Rex Wellness Center and Firehouse.

Please call 919-881-0160 if help is necessary.